



HealthySchool

Application for Governor's HealthySchool Award

Please complete the application and return to:

**HealthyKansas
Suite 540, Office of the Secretary
Kansas Department of Health and Environment
1000 SW Jackson St.
Topeka, KS 66612**

If you have questions, please email: healthykansas@kdheks.gov

District/School Information

School Name:

USD: County:

Contact Person:

Title:

E-mail Address:

Mailing Address:

Area/Phone:

Area/Fax:

Signature: _____

Date Signed:

Governor's HealthySchool Award Criteria

Section One: Please provide a written statement for the following questions. Please limit your responses in this section to one-typed page, single spaced, one-inch margins and 12-point font.

1. Write a description of your school's initiatives to promote the health of students and faculty in the areas of increasing physical activity, nutrition and eliminating tobacco use.

2. Write a description of ONE of your school's most prized healthy school programs. The description must include the following:
 - Name and contact information for the program
 - Program description and measurable goals
 - Total number of students affected
 - Total cost of program, if any
 - How the program was funded
 - Obstacles/challenges you encountered
 - Overall results of the program

3. Please provide a brief, student-written summary of why your school should be a recipient of the Governor's HealthySchool Award.

Section Two: If your school is meeting the following criteria listed below, please make a check in the appropriate box.

To be considered a Governor's HealthySchool our school:

- Has a School Health Council that oversees healthy decisions at the school
- Has a Registered School Nurse available to consult at our school
- Has a Registered Dietitian available to consult at our school
- Has a Certified Physical Education Teacher assigned to our school
- Has a Certified Health Education Teacher assigned to our school
- Has a Counselor assigned to our school
- Offers Physical Education classes at all grade levels
- Offers Intramural sports and sports clubs for all students
- Does not use physical activity as a form of punishment (i.e.: withholding activity or requiring additional activity)
- Participates in the National School lunch program
- Has a closed campus during school lunch hours
- Has vending machines with healthy options
- Allows at least 20 minutes for students to eat lunch
- Offers a breakfast program
- Promotes milk consumption
- Teaches nutrition education for all grade levels
- Teaches tobacco use prevention education at all grade levels
- Offers tobacco education as a first alternative to suspension for those who violated the tobacco use policy
- Has a tobacco free school grounds policy that includes 24 hours a day, 7 days a week, students, staff and visitors

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- Prohibits tobacco advertising
- Prohibits wearing tobacco brand-name apparel including non-clothing items such as gym-bags, water bottles, etc
- Has a Staff Wellness program available/offered for all staff
- Has completed the SHI (School Health Index)
- Participates in Kansas Coordinated School Health Surveys (YRBS, Profiles, YTS) if randomly selected
- Actively promotes family and community involvement (i.e. Family Fitness Nights, Health Fairs, etc.)
- Offers healthy options for parties, school snacks and fundraising
- Has completed Wellness Guidelines per Federal and State recommendations

Thank you for your submission!



For more information about HealthyKansas:
www.healthykansas.org



For more information about the
Kansas Coordinated School Health Program:
www.kshealthykids.org